



# Pony Tales

Official Publication for Members of the Golden Hills Mustang Club  
Established 1982

VOLUME XLIII, V

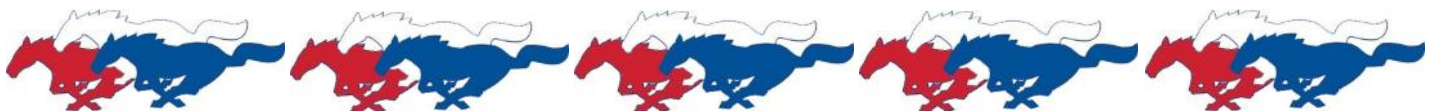
E-EDITION

MAY, 2025

## GHMC PRESENTS



May 17, 2025



## CLUB PURPOSE

The Golden Hills Mustang Club, established in 1982, is a nonprofit organization, the purpose of which is to promote the admiration, ownership, care and maintenance of the Ford Mustang Automobile - regardless of model year.

The club provides a social group for its members whereby they can meet, socialize and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang.

The club serves as a medium for the exchange of ideas, information and parts, and is dedicated to furthering the interest of owners and drivers of the Ford Mustang.

# 2024

## Board of Directors

Club President	Bob Fentress
Vice President	Nick Loya
Secretary	Alice Troxell
Treasurer	Brian Evans
Past-President	Sue Calvert
Terry Burke	
Dan Cordeiro	
Robert Lo	
Frank Lopez	
Don McEachern	
Paul Troxell	

2025 Car Show Chairman	Paul Troxell carshow@goldenhillsmustangclub.com
2025 Car Show Co-Chair	Nick Loya
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Food Drive	Pat Sivigliano
Historian	Ileine Burke
Hospitality	Volunteer needed
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Membership	Kathy Loya membership@goldenhillsmustangclub.com
Newsletter Editor	Norma McCabe nrmccabe@gmail.com
Circulation	Robin Herman
Social Media	Peter Mitsopoulos shelbygt500707@sbcglobal.net
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Sunshine	Yvonne Westberg
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Parade Chairman	Brian Evans
Name Badges	Dan & Norma McCabe
Pony Express to our Troops	Frank Lopez
Scholarship	Frank Lopez
Information Officer	Dan McCabe info@goldenhillsmustangclub.com
Veterans Liaison	Bill Davis
GHMC Technical Director	Paul Troxell





# HEADING DOWN THE TRAIL...

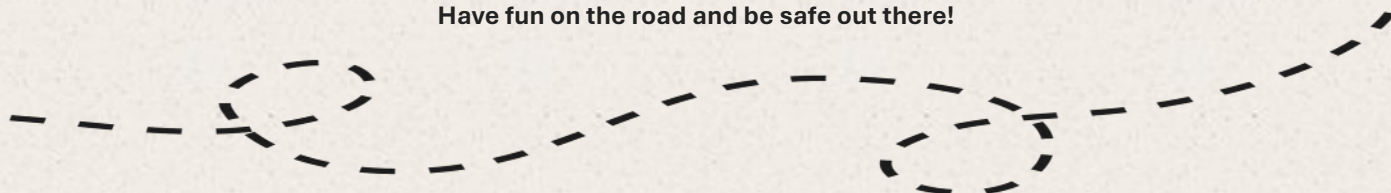
With President Bob Fentress



Coming up on my favorite time of the year... the Months Without 'R' s Season! This month also marks the tenth anniversary for me as a member of GHMC. In some ways it feels like only yesterday when I first checked out a club meeting as the owner of a new 50th anniversary Mustang after several years of visiting and enjoying the annual car show. Little did I know that this would be the beginning of a very rewarding experience with a great group of friends who share a common interest in a legendary car. This led to serving as a car show team member, then co-chair, board member, car show chair, club secretary, then club president.

The Biggest Little Car Show draws car enthusiasts from throughout northern California, showcasing the Golden Hills Mustang Club along with the car collecting and restoration hobby. The show is a team effort with a long tradition. The leadership team has spent considerable time over the past several months working on the details of the show, and now we need all hands on deck to carry it out. A place is available for everyone who wants to take part and share in the camaraderie and enthusiasm that comes with being part of a great friendly team. We will meet at 4:00 pm the day before the show to get the venue ready before gathering for dinner. On Saturday May 17, we will be there before dawn to kick off the show, and within an hour after the show concludes we'll have everything cleaned up and put away! At the end of the day everyone will be exhausted but satisfied as part of the team that pulled off the Biggest Little Car Show! Don't miss it!

Have fun on the road and be safe out there!



## ***It's past time to pay your dues for 2025!***

Well, it's that time of the year again. 2025 dues became delinquent on March 1st. We still have some members who haven't paid, so please check your records. We have a **BRAND NEW** way to pay your dues, and a new Membership Chairman, Kathy Loya. Please follow the link below to pay your dues :



[Please click here to go to our online membership form :](#)

The link above takes you to our new online membership form where you can fill out your information and either pay by check or PayPal which gives you several options. When you click submit your information goes directly to membership. No need to download or scan the application.

If you prefer to pay the old-fashioned way, by check, please print the renewal application on page 11 and mail it to P.O. Box 497, Fairfield, CA 94533-0049 If you need help with printing or downloading, please call me (707-290-4397) and I can mail you an application. If you are unsure if you have paid or not, please contact me at:

[membership@goldenhillsmustangclub.com](mailto:membership@goldenhillsmustangclub.com)

**Thank you!**

**Please Stay Well and hope to see you soon!**

**Kathy Loya**



# NATIONAL MUSTANG DAY

## APRIL 17, 2025



**HORSE POWER**  
The California Automobile Museum  
2000 Front Street - Sacramento

Mustang lovers: Join us as we celebrate a truly legendary American icon.

**NATIONAL MUSTANG DAY**  
Saturday, April 19  
11am-3pm

**FOOD TRUCKS | DRINKS | FREE RIDES WITH ADMISSION**  
Shed off your ride, wear shades, and enjoy the unique food that unites those who truly appreciate the Ford Mustang. Inside, take in "Wild Horses," a unique exhibition of Mustang lore and history... plus a well-curated group of stunning original and perfectly restored Mustangs, from the 1965 Shelby GT350 to today's powerful Dark Horse.

Show us your Mustang keys at the event for:

- Discounted museum admission
- Discounts on Mustang merchandise

(There will also be limited preferred parking for Mustangs!)





# APRIL EVENTS

April, 2025 found GHMC members back on the trail enjoying many beautiful places and events, from the Bay Area to Sacramento and as far North as Redding. On April 17th, the day we traditionally celebrate the birthday of the Mustang, we started the day in Martinez at the Cobra Experience. After coffee, donuts and a drivers meeting, over 50 Mustangs and Cobras chased each other through the rolling hills of Contra Costa county. The lush green hills set a wonderful backdrop for the beautiful cars as they snaked through the turns, much to the delight of construction workers. We honked as they dropped their shovels and grabbed their phones to take pictures. The pictures on the previous page only hint at what a fabulous and fun day this was. Thank you DVMA and Emily Lambert for putting this together. Some of us topped the morning off with a picnic lunch on the patio of the Cobra Experience.

That evening for dinner we gathered again at Mel's Diner in Vacaville to wrap up our annual celebration. However we weren't done yet. On Saturday the 19th, Rob Lo led a group of hearty GHMC members back to the California Automobile Museum to revisit the Horse Power exhibit and meet up with Sacramento Area Mustang Club.

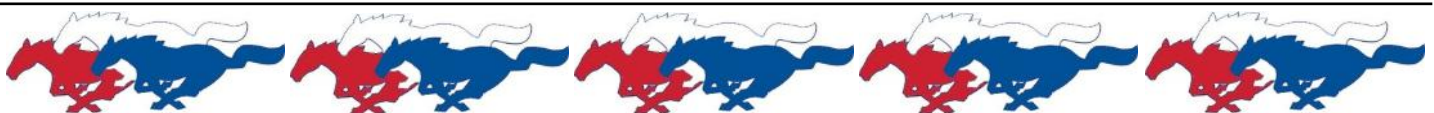
The following week was really busy for our members. On the 24th several GHMC members joined the Napa Valley Cruisers to travel to

Redding for Kool April Nites. A great time was had by all and the photos on the following page and our website tell the whole story. Brad & Jeanette Parsons made a trip to the Winner's Circle on Sunday along with other Napa Valley Cruisers.

Also on the 24th, Dan McCabe led a group of GHMC, NVC, and Napa SIRs to the Mixed Nuts pre-season opener at the Yountville Veterans Home. It was a crazy game, like they all are, but we had fun watching the Vets play the Napa County Firemen, who got a call right in the middle of warm-ups. The game turned into a scrimmage until the firemen came back from their call. It was so much fun watching the Vets, some in their 90's, run (?) the bases and make up the rules as they played.

On Saturday the 26th the Knights of Columbus hosted a car show at Our Lady of Mount Carmel. Jim and Lauma Willis along with their granddaughter Katie Willis, represented GHMC since many of last years attendees were in Redding. Paul Troxell also joined in that day and Rob Lo was mentioned but not pictured. See pictures on the following page of all the smiling faces. The children at the show all wanted to sit in Jim's yellow 1970 Boss 302. They were all were delighted except for one little girl who preferred to sit in Lauma's white convertible claiming that "this is a girls car!"

by Norma McCabe





# APRIL 24-27, 2025



Our Lady of Mount Carmel  
Knights of Columbus Car Show  
April 26, 2025





# Tech Talk 2.0



By Paul Troxell

Well, the spring season has come upon us. There are more events to choose from and go to and we are all busy catching up on yard work, home repairs, and other important matters. It is also that time of the year that some of us are waking our Ponies and getting them ready for some rides. I covered a lot of this last year, but I want to just touch on a few things to remind you all to look at. These apply even to those of us who daily drive our Mustangs, and all other cars and trucks.

So, here is a list of items, in no particular order since they are all important items.

- 1.) Check the tires. For wear, damage (I know, it has not been driven all winter. But, did you check them last fall?), and correct inflation.
- 2.) While you are on your knees take look under the car for any fluid leaks. Also look at the undercarriage for any wet spots from leaks (coolant, oil, trans fluid, brake fluid, power steering fluid and gasoline).
- 3.) Check the battery water level (remember it is acid and water). If it is low, charge the battery before adding water unless the water is below the plates. Then, only add enough water to cover the plates before charging.
- 4.) Inspect under the hood for any signs of weeps, leaks, and critters who have taken up residence and the damage that they will do when they have. Them little beggars can chew up insulation, wiring, and things that you would not even believe that they could be interested in. Repair as necessary.
- 5.) Then check all of your fluid levels. Engine, brakes, cooling system, power steering, and windshield washer tank or bag. While you are doing this ask yourself when was the last time that I changed the fluids in these systems. There are all kinds of recommendations on engine oil change intervals. The manufacturer recommendation is the first that most go by. The second is the old "every 3000 miles" taught to us by the oil change stores. Which one is right for you? In my 17 years of selling lubricants there was only one answer that I would give to anyone who asked that question. It depends. And the only way to know with any kind of certainty is by using oil analysis. Yes. It costs more money, but if you are trying to extract the maximum life out of your oil, and the lowest cost of operation it is the ONLY way to know when to change your oil. Oh, you have an oil life monitor in your car? Well, that is a little program that operates on an algorithm that calculates oil life by a preselected set of parameters like engine run time after each start, operating temperature, load, rpm, etc. It is good, but not as accurate as oil analysis. So even if your car sat in the garage all winter your Oil Life Monitor will go down. Why? Because oil oxidizes even when the engine never gets started. This means that the additive package and the base oil is degrading even while you are not using the car. The Mus-

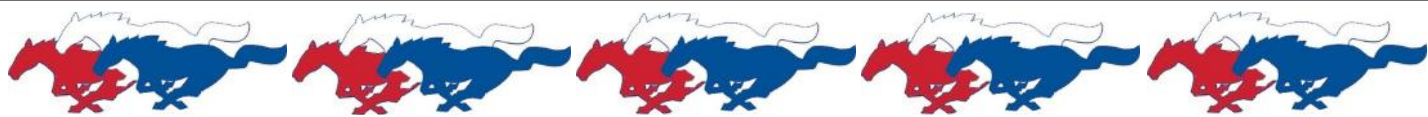
tang with an OLM will usually drop .5%/day even while the engine is not started. And your oil life will drop faster when driven short distances. So, do you want to change the oil?

- 6.) Brake fluid will degrade over time as well. Mostly it picks up water since it is hygroscopic. This means that it has an affinity for water and picks it up from the atmosphere. Brake fluid boils at much higher temperatures than water. Depending on the specific brand and type it could have a boiling point as high as 600 degrees. Water boils at 212 degrees at sea level and lower at altitude. This would not work well for a brake fluid. When was the last time that you flushed your brake fluid? Planning any mountain drives?
- 7.) Well, by now you are catching my drift. The same applies to coolant, power steering fluid and transmission fluid. If you haven't changed them in the last two, three, or twenty years, you are setting yourself up to have a roadside stay. Take a serious moment to consider servicing these systems to keep them operating efficiently and reliably. The cost of the fluids and the time to perform the service, or even paying to have the service done, can be far less expensive than having a road incident.

One last comment on the oil change interval. Many newer cars have oil change intervals of 10,000 miles, and some higher. Consider who sets this interval. The manufacturer wants their customers to think that their car is inexpensive to operate and maintain. In reality a car that is driven infrequently, short distances, and/or doesn't get to operating temperatures is in the same severe service category as a taxi cab in New York City that idles for prolonged periods and drives short distances. Sounds crazy, I know, but it is the truth. In comparison to parts and repair, lubricants and fluids are cheap.

My recommendation is, consider what kind of driving you do. Also consider the cost of repairing and/or replacing the components that could be damaged by service fluids that no longer provide the protection they are designed to. It is somewhat easier for those with OLM's and much more difficult for those with older cars that do not have these systems. Unless you are doing oil analysis at each oil change.

Pedal to the metal,  
Paul Troxell



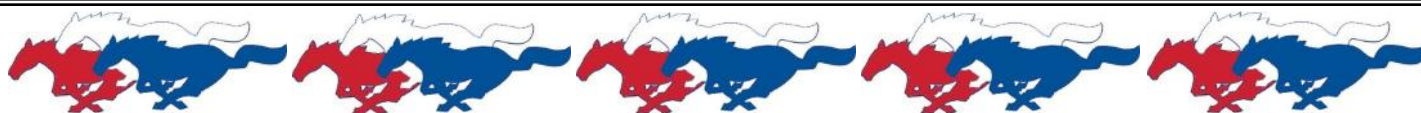
# ★★★UPCOMING EVENTS★★★



ALL FUTURE EVENTS ARE TENTATIVE

	ALL FUTURE EVENTS ARE TENTATIVE
May 1	GHMC BOARD MEETING - McEACHERAN RESIDENCE- 6:00PM
May 10	DIXON MAY FAIR PARADE SEE WEBSITE FOR MORE DETAILS AND WATCH EMAIL
May 16	EVENING CLEANUP OF THE CAR SHOW AREA, 4:00 PM, SUISUN WATERFRONT
May 17	40TH ANNUAL BIGGEST LITTLE CAR SHOW SUISUN CITY WATERFRONT PLAZA
May 18	ARMIJO HIGH SOBER GRAD NITE CAR SHOW, AT NITRO CITY IN FAIRFIELD ( SEE WEBSITE FOR FLYER)
May 18	CARS, KIDS & COFFEE - 8:30 AM 10:00 AM OPEN DAY AT THE COBRA EXPERIENCE. EVERY 3RD SUNDAY @10:00AM 777 ARNOLD DRIVE, SUITE 200, MARTINEZ
May 18	OPENING DAY -MIXED NUTTS BASEBALL GAME @12:00 PM , BORMAN FIELD, YOUNTVILLE VETERANS HOME
May 18	WINGS-N-WHEELS CAR SHOW, TRAVIS AFB MUSEUM 9AM TO 2 PM SEE WEBSITE FOR <a href="#">FLYER</a>
May 21	BIGGEST LITTLE CAR SHOW MEETING @5:30PM. ROUND TABLE PIZZA BY COSTCO IN CORDELIA 5085 BUSINESS CENTER DR. WATCH FOR EMAILS.
May 24	68TH VACAVILLE FIESTA DAYS PARADE - WATCH EMAIL FOR DETAILS
May 27	GHMC GENERAL MEETING - DENNY'S, 304 PITTMAN RD., CORDELIA, CA 94534 6:30PM – 9:30PM, MEETING STARTS AT 7:30PM
Jun 5	GHMC BOARD MEETING - McEACHERAN RESIDENCE- 6:00PM
Jun 7	11th Annual Cobra Day 10:00am to 3:00pm The Cobra Experience - Museum & Event Space, 777 Arnold Dr, Martinez, CA
Jun 7	16 <sup>th</sup> Annual Father's Day car cruise with the Boyz Under the Hood car club. You must register to attend – the last day to register is May 18 <sup>th</sup> . Contact Dan Cordeiro
Jun 14	Napa Ford Display and BBQ, watch email for details
Jun 15	NAPA CLASSIC CAR SHOWS 2ND ANNUAL NAPA VALLEY FATHER'S DAY CAR SHOW. AT THE CALISTOGA FAIRGROUNDS SEE OUR WEBSITE FOR <a href="#">REGISTRATION</a> FORM
Jun 18-23	CAMPING AT LAKE FRANCIS , CONTACT BRIAN EVANS ASAP FOR MORE DETAILS.
Jun 24	GHMC GENERAL MEETING - DENNY'S, 304 PITTMAN RD., CORDELIA, CA 94534 6:30PM – 9:30PM, MEETING STARTS AT 7:30PM
Jun 28	14TH DIXON GRILLIN & CHILLIN CAR & TRUCK SHOW 2025 SEE OUR WEBSITE FOR <a href="#">ENTRY FORM</a>

**NOTE: If you sign up to attend a GMHC event but cannot attend, please notify the event chairperson ASAP.  
If you need contact information, please email: [info@goldenhillsmustangclub.com](mailto:info@goldenhillsmustangclub.com)**





# HAPPY BIRTHDAY

## MAY BIRTHDAYS

5/2 Ileine Burke  
 5/2 Dennis vonTing  
 5/3 Shelby Bauer  
 5/7 William Vallejos  
 5/8 Jeff Bassett  
 5/9 Sue Calvert  
 5/10 Tony Barkman  
 5/11 Paul Troxell  
 5/14 Mike Miller  
 5/14 Ian Myska  
 5/16 Rachel Cordeiro  
 5/16 Dan McCabe  
 5/18 Jackson Herman  
 5/18 Erin Judd

5/19 Jason Scott  
 5/22 Melinda Barkman  
 5/24 Yvonne Westberg  
 5/25 Mike Robinette  
 5/26 Scott Garrison  
 5/26 Kirk Stafford  
 5/27 Brad Parsons  
 5/27 Emma York

## JUNE BIRTHDAYS

6/3 Norma McCabe  
 6/3 Mike McCalmont  
 6/4 Liz Normandin  
 6/4 Gene Tapia  
 6/5 Joey Holecek  
 6/8 Mason Sturgeon

6/10 Jason Richard Marz (Pickering)  
 6/10 Peter Mitsopoulos  
 6/11 Terry Scott  
 6/12 Pat Sivigliano  
 6/17 Deborah Randles  
 6/17 Tammy Robinette  
 6/18 David Batchelor  
 6/18 Katie Willis  
 6/20 Eli Prado (Pickering)  
 6/22 Drake Wilson  
 6/23 Suzanne Freitas  
 6/23 Dean Laroski (Pickering)  
 6/26 Mari Haran  
 6/26 Logan Sturgeon  
 6/30 Hilmar Walter

PLEASE LET US KNOW IF WE HAVE FORGOTTEN ANYONE!

# Sunshine Corner

By Yvonne Westberg



A Get-Well card was sent to:

✧ Elise Stevenson who had same day knee surgery. We do hope you are feeling better by now Elise.

Please keep our members that have had health issues in your thoughts. They could all use our prayers. If you would like to send them a card, email, or text, please do so. It really means a lot to know that others care.

★ Remember if you know of someone in need of some SUNSHINE please contact me. You can text or leave me a voicemail

★ or you can email GHMC Info at: [info@goldenhillsmustangclub.com](mailto:info@goldenhillsmustangclub.com)



# HAPPY NEWS?

DOES ANYONE HAVE SOMETHING TO SHARE?

It is always great to share some happy news, especially during difficult times. If you have something HAPPY (retirement, engagement, new grandchild, recognition or an award) to share with your fellow club members, please send me an email: [nrmccabe@gmail.com](mailto:nrmccabe@gmail.com)



# 40th Annual Biggest Little Car Show

Our Charity Has been Chosen



**Freedom  
Equine  
Connection**

*Horses and Humans Helping People*

Mental Health & Learning Incorporating Horses  
Freedom Equine Connection is a 501 (c) (3) Non-Profit located in Dixon, CA. It is the product of a life-long love and passion for horses and a deep desire to help people heal from life's traumas, addictions, and other mental and emotional health issues. We utilize a ground-based horse and human interaction model to help with the healing, learning, and growing process.

May 17th is almost here!  
There are lots of ways to join  
in our most fun event of the  
year! Help with parking, registration, raffles or just lend a hand. Come support your club.

**Contact Paul Troxell  
to volunteer  
707-301-9213  
[dieselgunner@comcast.net](mailto:dieselgunner@comcast.net)**

# DuPratt



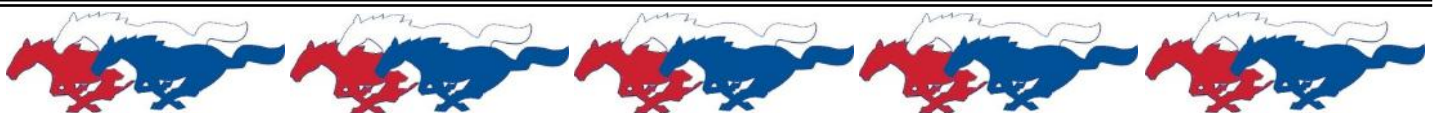
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**Ford Fairfield**





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Cordeiro Vault Co.

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★ ★ ★ **IT'S YOUR CLUB. . . LET'S HAVE SOME FUN WITH IT** ★ ★ ★

**THE GOLDEN HILLS MUSTANG CLUB  
MEETS THE 4TH TUESDAY OF THE MONTH AT:**

**SEE YOU AT**



**7:30 p.m.  
Denny's Cordelia  
304 Pittman Rd.  
Cordelia, CA 94534**

***NEXT MEETING  
Tues, May 27, 2025***

**THIS ISSUE OF PONY TALES IS DIGITAL ONLY**

**GOLDEN HILLS MUSTANG CLUB**

[www.goldenhillsmustangclub.com](http://www.goldenhillsmustangclub.com)

**P.O. Box 497**

**Fairfield, CA 94533-0049**

***an MCA Regional Club***

